

# PACIFIC SPIRIT REGIONAL PARK

## Foreshore-Acadia to Trail 6

**NO DOGS:** Mar.1 – Sept. 30

**LEASH OPTIONAL & UNDER CONTROL:** Oct. 1 – Feb. 28

No commercial dog walkers in this area year-round.

## WEEKEND DOG RESTRICTIONS (AND STATUTORY HOLIDAYS)

These red trails indicate **No Dogs** on weekends and statutory holidays.

**Park Centre**  
BCMOS AND CTS OFFICES



- ### TRAILS
- 1 Admiralty
  - 2 Cleveland
  - 3 Clinton
  - 4 Council
  - 5 Deer Fern
  - 6 Douglas Fir
  - 7 East Canyon
  - 8 Fairview
  - 9 Hemlock
  - 10 Heron
  - 11 Huckleberry
  - 12 Imperial
  - 13 Lily of the Valley
  - 14 Long
  - 15 Nature
  - 16 Newt Loop
  - 17 Pioneer
  - 18 Powerline
  - 19 St. Georges
  - 20 Salal
  - 21 Salish
  - 22 Sasamat
  - 23 Spanish
  - 24 Sword Fern
  - 25 Top
  - 26 Vine Maple
  - 27 West Canyon
  - 28 S.W. Marine
  - 29 Chancellor
  - 30 Sherry Sakamoto
  - 31 Aims
  - 32 Iron Knee
  - 33 Camosun

## LEGEND

Information	Drinking Water	Park
Parking	Picnic Area	Environmentally Sensitive Area
Bus Stop	Viewpoint	On-Leash Dog Area
Toilets	Creeks	Forests in this park provide important habitat for wildlife. Please stay on trails shown on this map. No off-trail entry without approved permit. Call 604-224-5739.
Telephone	Iva Mann Loop Walk	
Bicycle Path	School	
Wheelchair Access	Church	

### TRAIL DESIGNATIONS

	Pedestrian
	Multi-use
	No Dogs
	Dogs On-leash
	Leashing Optional & Under Control

- Dogs ON-LEASH:**
- at trailheads for first 50 metres
  - within 10 metres of streams
  - when approaching horses

## TRAIL INFORMATION

Trail	Distance	Walking Time (approx.)	Terrain	Comments
<b>Forest Discovery Interpretive Trail</b> – from park centre	1.5 km loop trail	1/2 hr.	Level trail suitable for all ages and abilities. Wheelchair accessible.	Discover second growth forest habitats. Enjoy interpretive signs en route.
<b>Iva Mann Loop Walk</b>	8 km full loop	2 - 2 1/2 hrs. for full loop	Level, easy trails.	In honour of Iva Mann's commitment to the preservation of the endowment lands as a Regional Park.
<b>Upland Forest Trails</b>	73 kms of trail options	1/2 - 4 hrs.	Variable trail conditions. Some short climbs.	Experience a diversity of forest types in an urban setting.
<b>Beach Walk</b> Wreck Beach – Acadia to Trail 7	5 km one way	minimum 3 hrs. one way	Rocky/sandy shoreline; challenging trail from Trail 6 to Trail 7.	View scenic vistas of city and mountains. At low tide, explore extensive flats. <b>Wreck Beach is clothing optional.</b>