**TRAIL INFORMATION**

<table>
<thead>
<tr>
<th>Trail</th>
<th>Distance</th>
<th>Time To Return</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iona Jetty</td>
<td>8.0 km</td>
<td>2.5 hours</td>
<td>Flat, exposed. Can be very windy!</td>
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<tr>
<td>North Arm Jetty</td>
<td>6.0 km</td>
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<td>Sandy beach. Walking on the North Arm Jetty is allowed only on the beach below the high tide line.</td>
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<td>2.0 km</td>
<td>20 minutes</td>
<td>Flat, rough. Walkers and horses share this trail.</td>
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**Trail Details**

- **Iona Jetty**
  - Distance: 8.0 km
  - Time to Return: 2.5 hours
  - Comments: Flat, exposed. Can be very windy!

- **North Arm Jetty**
  - Distance: 6.0 km
  - Time to Return: 2.5 hours
  - Comments: Sandy beach. Walking on the North Arm Jetty is allowed only on the beach below the high tide line.

- **Bridle Path**
  - Distance: 2.0 km
  - Time to Return: 20 minutes
  - Comments: Flat, rough. Walkers and horses share this trail.