Where Matters:

Health, Environmental, & Economic Impacts of Transportation and Land Use Actions

September 7, 2018

Lawrence Frank^a, Jat Sandhu^b, Andy Hong^a, Binay Adhikari^a, Ellen Demlow^c, Yumian Hu^c

^a Health and Community Design Lab School of Population and Public Health University of British Columbia

Data Analytics and Decision Support
 Public Health Surveillance Unit
 Vancouver Coastal Health







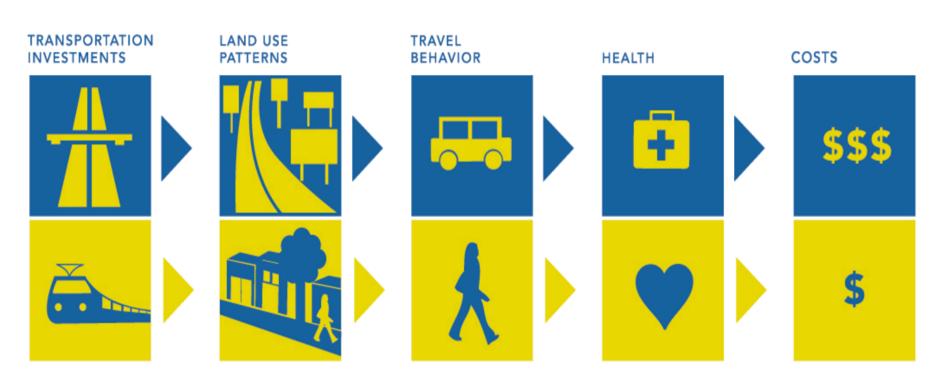






APPROACH OVERVIEW: DECISION-MAKING

HOW TRANSPORTATION IMPACTS HEALTH COSTS



Source: "The Hidden Health Costs of Transportation" Frank et al 2010, American Public Health Association





3 Policy Levels

Regional Accessibility



Walkable, Complete Neighborhoods

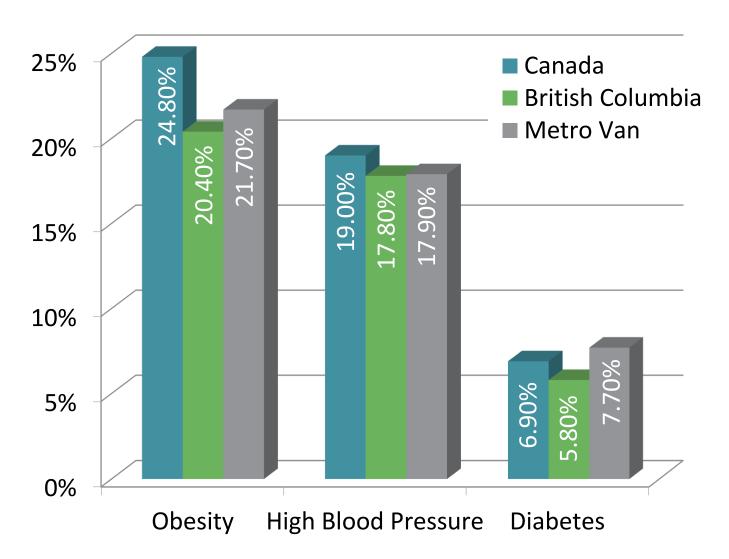


Pedestrian Environment (Micro-scale)

Forthcoming



Health Context



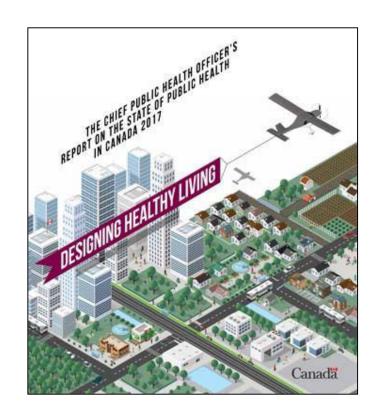
Policy Background (National)

2017 Designing Healthy Living

"Our neighbourhoods and how they are built influence how healthy we are."

Dr. Teresa Tam

Canadian Chief Public Health Officer



Policy Background (Region/Local)

- Metro 2040 (Metro Vancouver)
- Regional Transportation Strategy (TransLink)
- Healthy City Strategy (City of Vancouver)

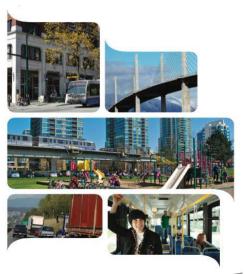


Regional Growth Strategy
Bylaw No.1136, 2010

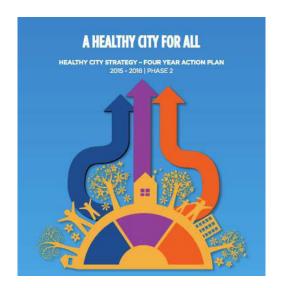
Metro Vancouver 2040 Shaping Our Future

Adopted by the Greater Vancouver Regional District Board on July 29, 2011

Metro 2040



Regional Transportation Strategy



Healthy City Strategy

Project Charter Signed by Four Agencies:

Conducted by UBC's Health and Community Design Lab and Vancouver Coastal Health Authority with Support from Fraser Health

Transport Investment in the Lower Mainland **Economic Benefits of Sustainable** e project objectives, scope, deliverables, partners, responsibilities; provide a mechanism for the trans Metro 3C, in partnership Jetro Vancouver, Vancouver to

ners, budget and transfer of funds

budget

ancouver) is documents health and financial benefits of sustainable detailed walkability, land use, tures and health outcomes in the

and transportation investments anywhere linking built environment decision making sion making around land study fills

st walkable parts of the region. The study will help to show apital Region District there is the additional concern about







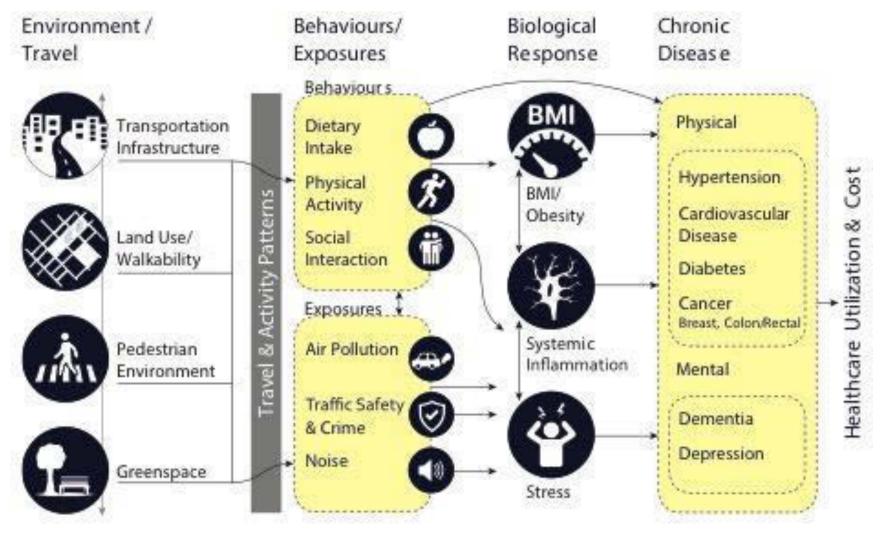




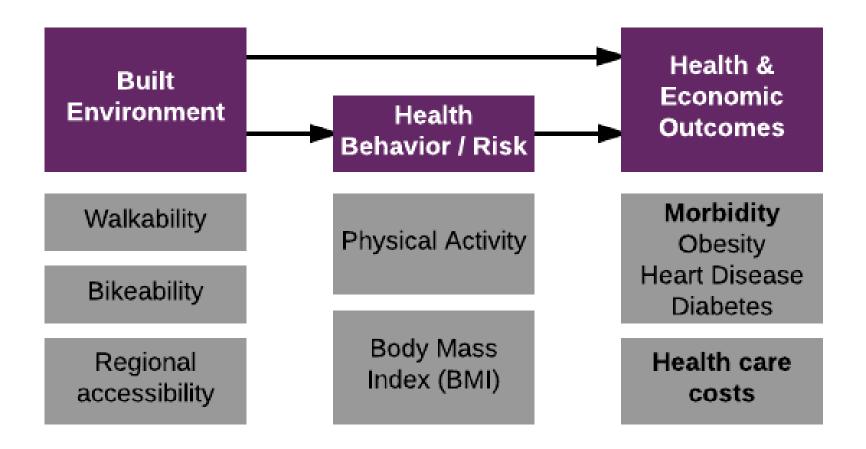


- 1) To investigate the relationship between built and natural environment and health
- 2) To investigate how the relationships between built and natural environment and health vary across income and age groups
- 3) To investigate the extent to which walkable environments can reduce health care costs

Causal Pathways



Research Framework



Unique Research Platform

Database development

Data analysis & outreach

Policy application & innovation

Phase 1
Funding (280k)
Monetization

0044

Phase 2 Funding
(320k)
My Health My
Community
2016

Forthcoming

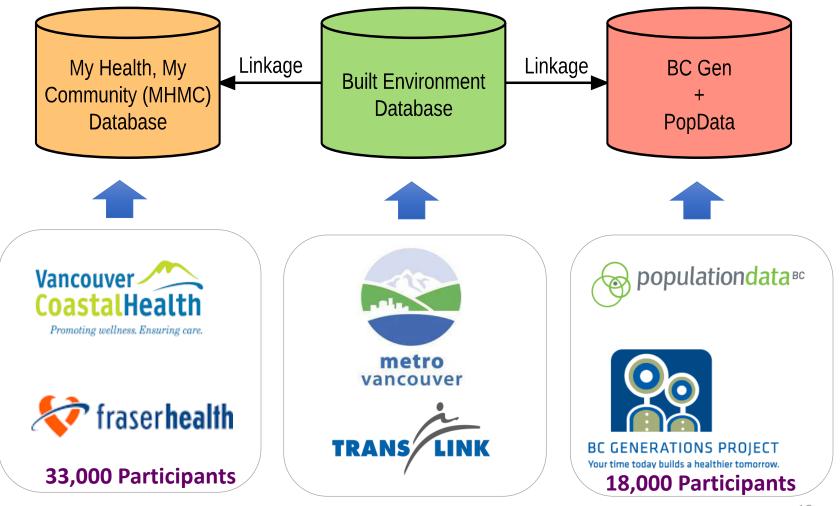
2019





1) Health Cost
Savings from Transit
Investment
2) Social Equity –
Integrating health,
transportation,
and housing costs
3) Health Benefits of
Pedestrian Amenities

Unique Research Partnerships



Comparable Walkability Databases

- Building on 20+ years of Experience
- Validated by 100s studies
- 2016 Database Funded by Metro Vancouver and Translink
- Detail postal code / parcel level information for lower mainland

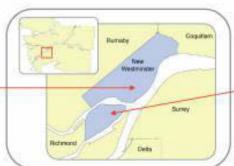


- Natural environment
- Regional accessibility
- Additional built environment variables
- Alternative buffer sizes
- Natural environment
- Sidewalk continuity
- Regional accessibility

Provides Dynamic Detailed Performance Measures to Support Local and Regional Planning Purposes

Local Walkability - "How"







Net Residential Density (dwelling units/acre)

> Mixed Use Index (range 0 - 1)

Intersection Density (per square km)

> Retail Floor Area Ratio

Overall Walkability

Uptown Moody Park

40.29

0.58

70.12

0.64

4.26











Queensborough

7.73

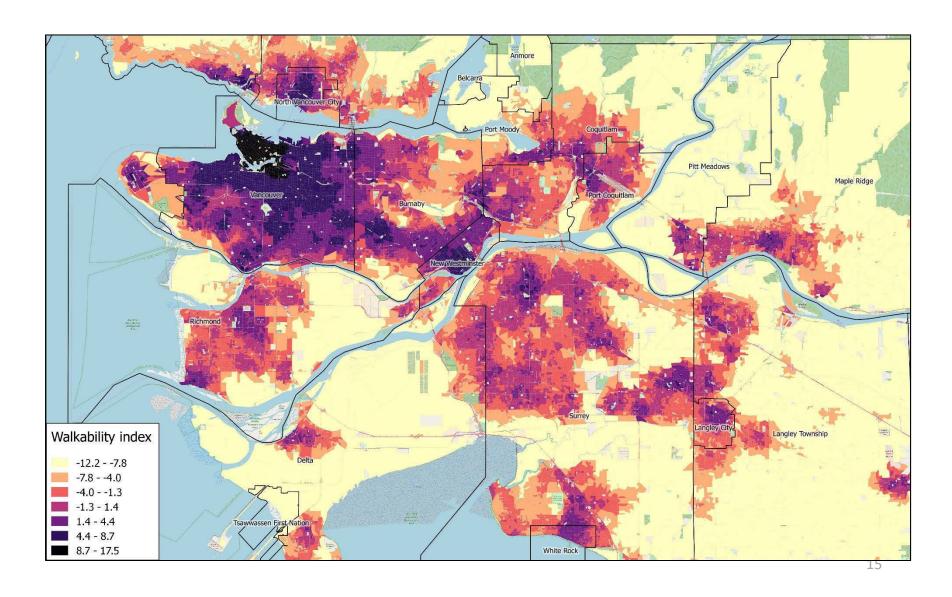
0.09

27.91

0.30

-3.74

Walkability Surface 2016

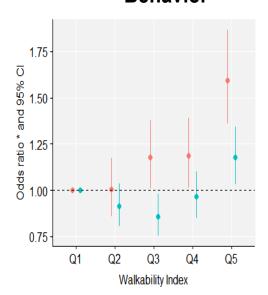


CHRONIC DISEASE

SOCIAL AND MENTAL HEALTH

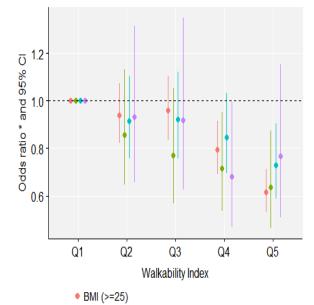
MY HEALTH MY COMMUNITY DATA

Behavior



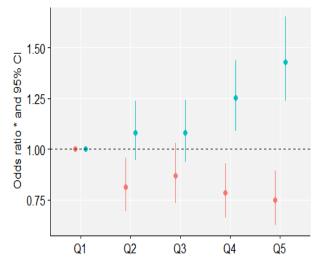
- Transport Walking (>= 30 min/day)
- Physical Activity (>= 150 min/week)

Chronic Disease



- Diabetes
- High Blood Pressure
- Heart Disease

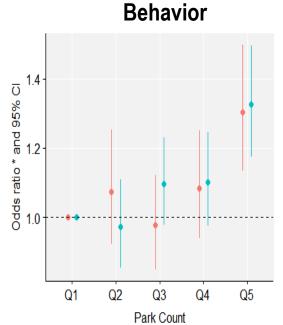
Social & Mental Health



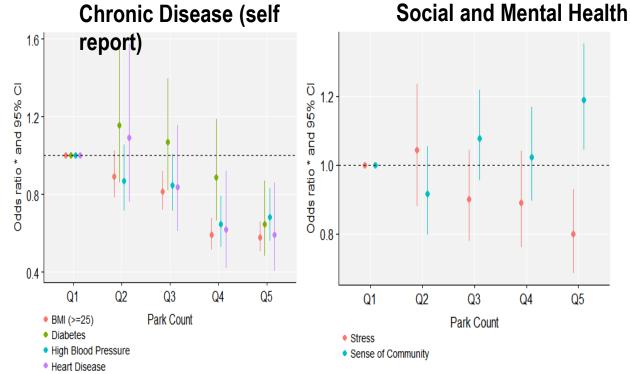
- Stress
- Sense of Community

Behavior models controlled for income, age, gender, education, and regional accessibility
Chronic disease models extra controlled for time in neighborhood
Stress and Community belonging models extra controlled for home ownership
Responses were weighted using 2011 National Household Survey data by age, gender,
education and neighborhood.

MY HEALTH MY COMMUNITY



- Leisure Walking (>= 30 min/day)
- Physical Activity (>= 150 min/week)



Behavior models controlled for income, age, gender, education, and regional accessibility

Chronic disease models extra controlled for time in neighborhood

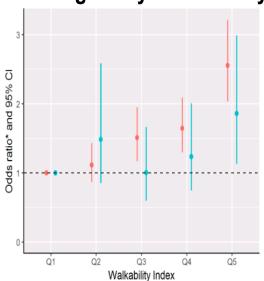
Stress and Community belonging models extra controlled for home ownership

Responses were weighted using 2011 National Household Survey data by age, gender,

education and neighborhood.

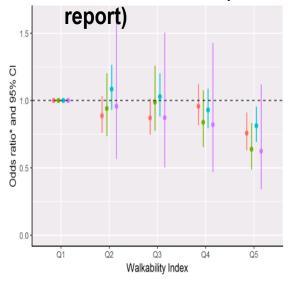
BC GENERATIONS

Walking & Physical Activity



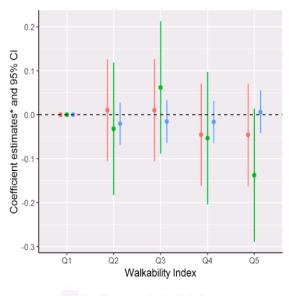
- Transport Walking (>= 30 min/day)
- Physical Activity (>= 150 min/week)

Chronic Disease (self



- BMI (>=25)
- Diabetes
- High Blood Pressure
- Heart Disease

Health Care Costs

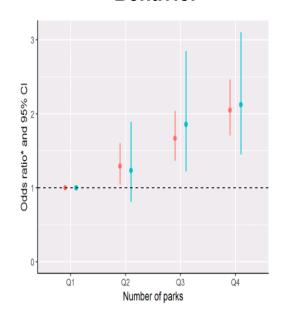


- Health care costs for diabetes
- Health care costs for high blood pressure
- Health care costs for heart disease

All models controlled for income, age, gender.

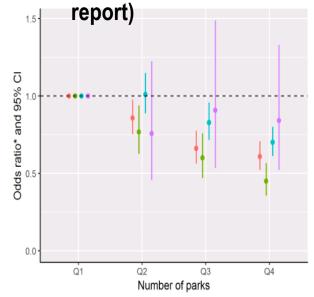
BC GENERATIONS

Behavior



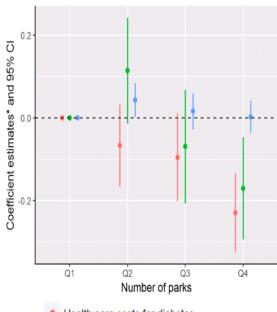
- Leisure Walking (>= 30 min/day)
- Physical Activity (>= 150 min/week)

Chronic Disease (self



- BMI (>=25)
- Diabetes
- · High Blood Pressure
- Heart Disease

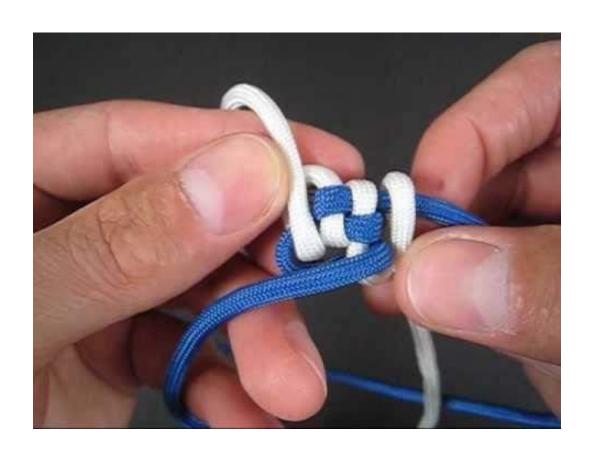
Health Care Costs



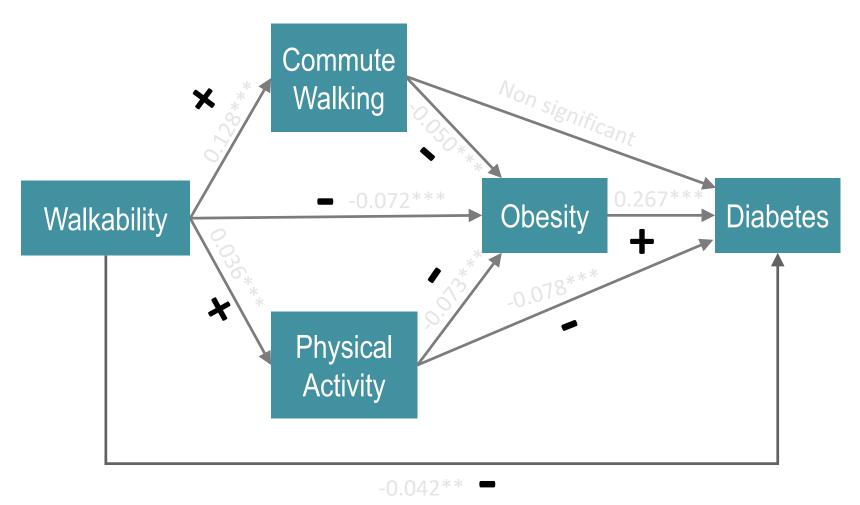
- Health care costs for diabetes
- Health care costs for high blood pressure
- Health care costs for heart disease

All models controlled for income, age, and gender

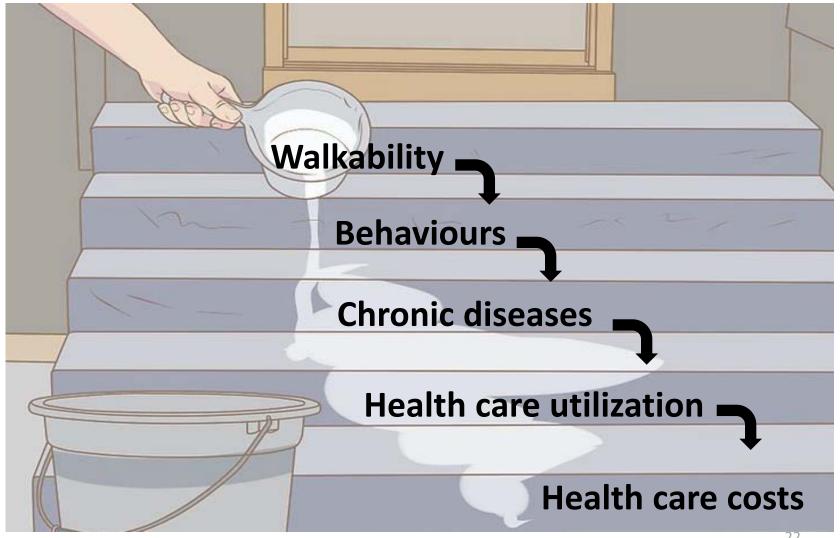
Tying It All Together



Walkability > Behaviour > Health



Sequencing the Outcomes



Summary and Policy Implications

- Walkability is related with higher rates of active transportation and lower rates of most forms of chronic disease
- Some results show that the highest levels of walkability may have some reduced health benefits relative to more moderate increases in walkability
- Research is required to develop strategies to offset the negative impacts of the most compact walkable environments on mental and respiratory health
- Mental health relationships with walkability is complex and further investigation is needed
- Health related costs of walkability is still being investigated but preliminary results show trends in the expected directions
- As expected High walkability neighborhoods generally overlap with Metro Vancouver's Urban Centers and Frequent Transit Development Areas

Next Steps

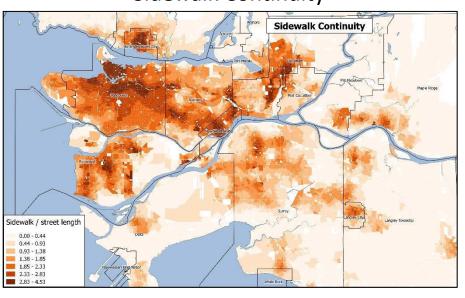
- Completion of analysis on economic impacts
- Application of results to case study locations
- Creation of policy summary report
- Convene event and release report and discuss implications of results

Future Research

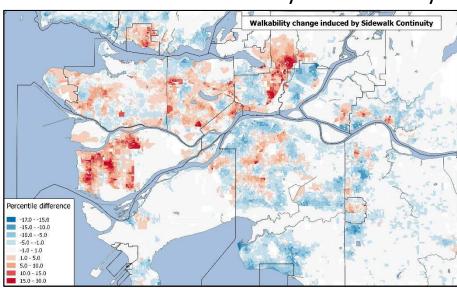
- Integrate housing and displacement cost into project
- Integrate pedestrian environmental features into project
- Assess causal impacts of built environment on health outcomes by using second waves of data from both surveys
- Create an evidence based health impact assessment tool

Effect of Sidewalk Continuity

Sidewalk Continuity



Effect of Sidewalk Continuity on walkability



Red = improved Walkability Blue = Reduced Walkability

THANK YOU



Long Range Regional Growth Scenarios REGIONAL AND MUNICIPAL COLLABORATION

Terry Hoff

SENIOR REGIONAL PLANNER



Long Range Growth Scenario Process



Anticipating Regional Growth

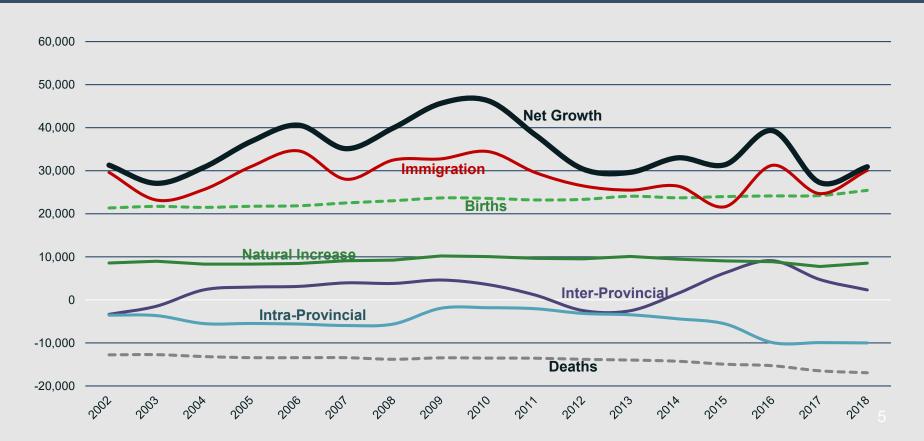
- Metro Vancouver prepares regional population, dwelling, land use and employment projections — Metro 2040, Regional Utilities, TransLink
- Coordination with member jurisdictions on subregional growth — local plans, policies and development trends
- Major review of future scenario assumptions and projections

Review of Baseline Projections

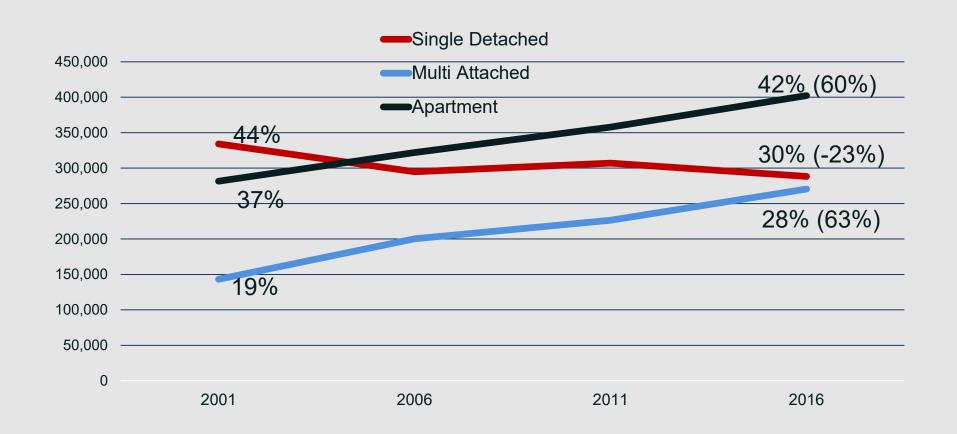
Coordinate 2016 baseline for population, dwellings and employment

- Discuss 2016 Census results and compare with local data
 - Undercounts, anomalies
- Coordinate our 2016 estimates for population, dwellings and employment
 - Diversity of sources Municipal, Metro Vancouver, BC Stats,
 Consultants

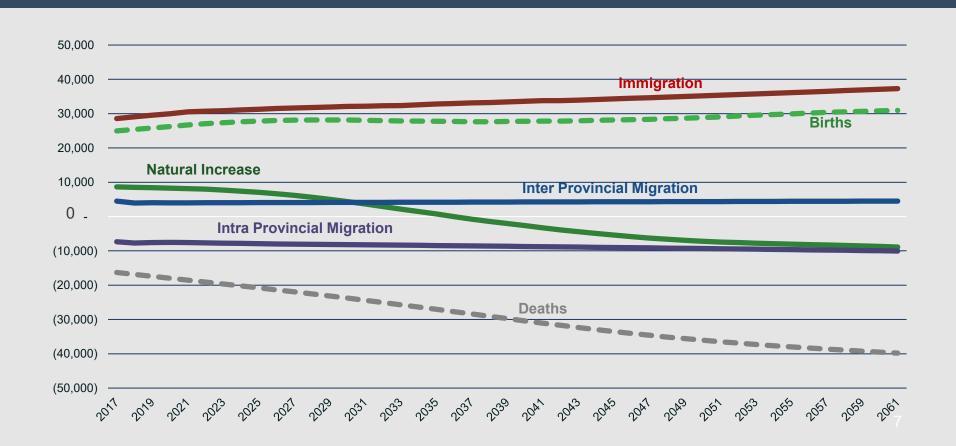
Metro Population Growth – Demographic Components



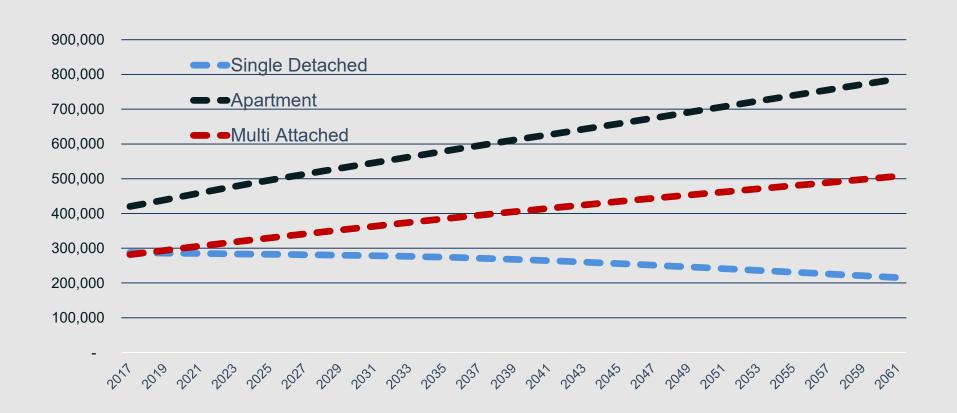
Metro Vancouver Housing Trends (Census)



Projected Metro Population Growth Components



Projected Metro Housing Stock



Review of Regional & Municipal Growth Projections

Coordinate potential adjustments to current regional and municipal growth projections

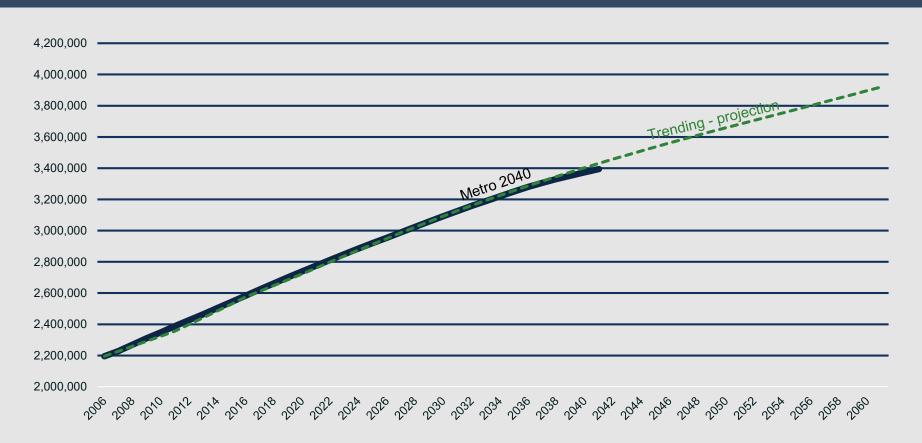
- Reconcile regional and municipal assumptions and projections
- Planned development capacity, development activity and expectations for population growth
- Prepare draft Baseline Scenario projections

Themes Emerging from Municipal Visits

Review regional and municipal growth policies and trends, land use and infrastructure implications

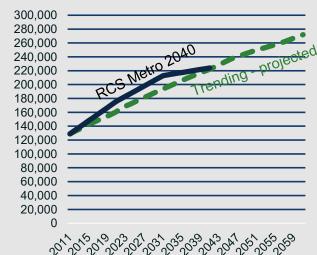
- Housing supply and affordability a primary issue
- Current high number of approvals and applications in process
- Progressive plans and policies to support intensification capacity
- Increasing variety and diversity of housing development options
- Infrastructure improvements required to support development

Regional and Municipal Population Projections Trending and Projected



Regional and Municipal Population Projections Trending and Projected







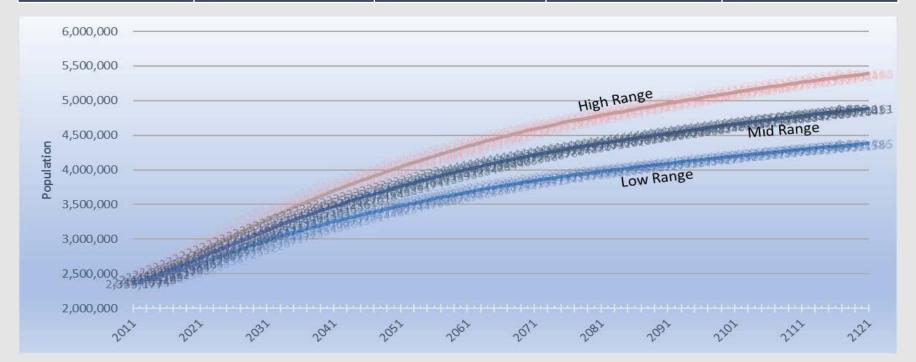
Review of Regional & Municipal Growth Projections

Anticipating long term regional growth scenarios

- Future growth scenarios and regional growth strategy
- Doubling regional population to 5 million 2021 2121
- Consider implications for land use, housing form and density, and other related factors
- Stress test the resilience of existing growth policies, land capacity and infrastructure

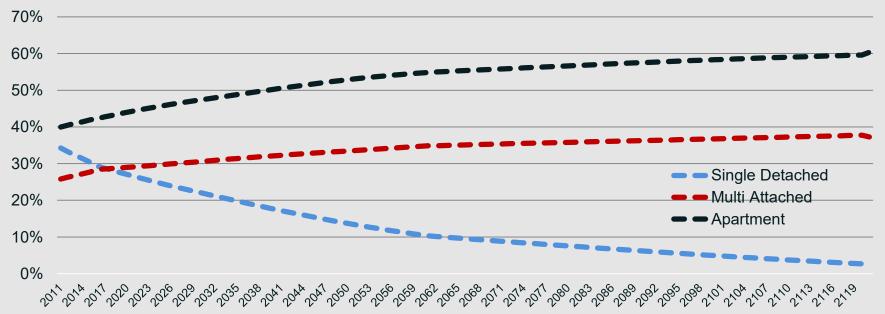
Metro Vancouver Population - Baseline Scenario

	2016	2041	2061	2121
Population	2,575,000	3,400,000	4,000,000	5,000,000



Metro Vancouver Housing Stock – Baseline Scenario

2121	2061	2041	2016	
2,000,000	1,600,000	1,350,000	975,000	Dwellings
2,000,000	1,600,000	1,350,000	975,000	Dwellings







Regional Parking Study | Street Parking Survey

Raymond Kan

SENIOR REGIONAL PLANNER



Preliminary Observations

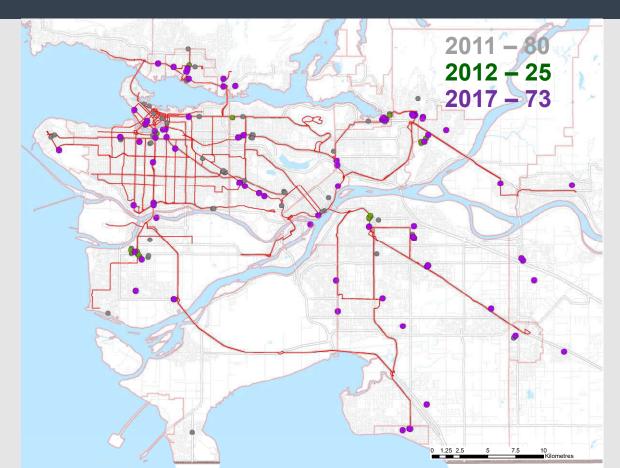
- 1. Parking Facility Survey
 - May 11: RPAC
 - June 8: Regional Planning Committee
 - June 21: City of Burnaby planning staff
 - June 27: RTAC
- 2. Street Parking Survey
 - July 13: RPAC
 - July 26: RTAC
 - Sep 7: Regional Planning Committee
- 3. Household Survey Fall 2018

A. Study Objectives

- 1. Expand on the knowledge base about parking supply and demand for a representative sample of apartment sites throughout the region.
- Document and report out in a user-friendly way that clearly communicates the key findings, potential trends and patterns, and opportunities to inform local practices, in particular for new developments in transit-oriented locations.
- 3. Use the study dataset and analytics to set the stage for potential additional phases of applied policy research or pilot initiatives in the region.

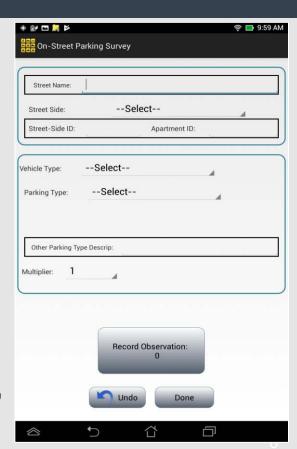
B. Methodology

B. Apartment Sites



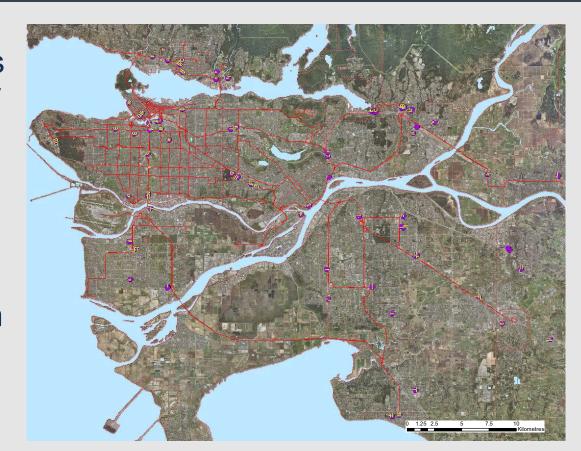
B. Street Parking Survey

- Purpose: To capture nearby street parking supply and utilization in relation to surveyed apartment sites
- Three time periods:
 - Weekday evening ~6:30PM
 - Weekday late night ~11:00PM
 - Saturday evening ~6:30PM
- No restriction, metered, time restricted, permit



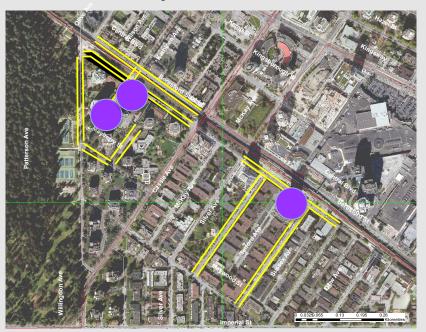
B. Street Parking Survey

- Curbside segments within 150-200m of sites
- 65 street network clusters
- Cumulative 156 km curbside segments surveyed

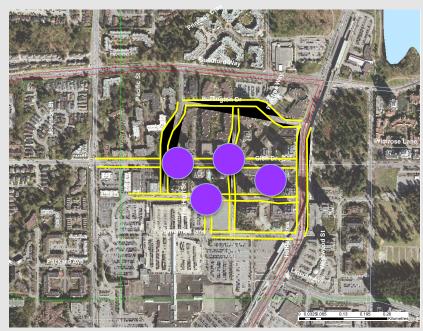


B. Street Network Clusters

Metrotown Regional City Centre area



Coquitlam Regional City Centre area



C. Preliminary Observations Street Parking Survey

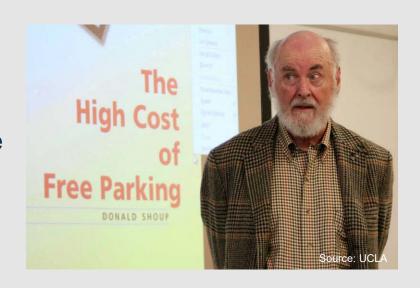
C. Initial Research Questions

- When do surveyed street networks experience 'high' parking utilization?
- Which surveyed street networks experience persistently 'high' parking utilization?
- What is the relationship with apartment parking utilization?

C. Working Definition of 'High'

The 85% rule

- Popularized by Donald Shoup (2005)
- Parking should be regulated/priced to ensure that 15% of the total spaces are available at any given time; reduce excessive neighbourhood congestion
- 85% utilization implies an efficient use of a scarce resource



C. When does 'high' parking occur?



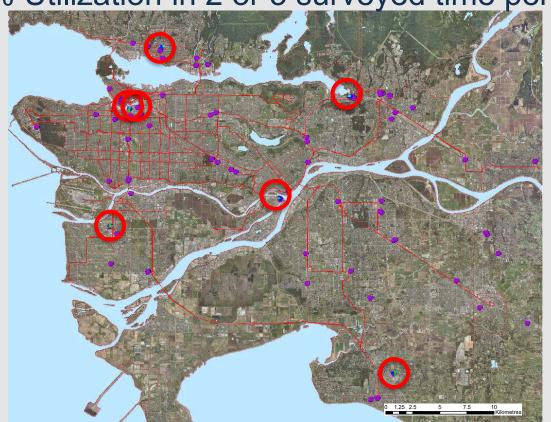
- 1. Majority of surveyed street networks experienced less than 85% parking utilization in any of the three survey time periods.
- 2. Street parking exceedances generally occurred in the evenings, not late night.

C. Persistently high street parking utilization

Criteria	Street Networks	Time Period of Exceedance
+85% in 2 or 3 surveyed time periods	7	6 weekday evenings
		2 weekday late nights
		7 Saturday evenings
+85% in 1 surveyed time period only	6	1 weekday evenings
		0 weekday late nights
		5 Saturday evenings
<85% in all surveyed time periods	52	N/A

C. Surveyed Outliers

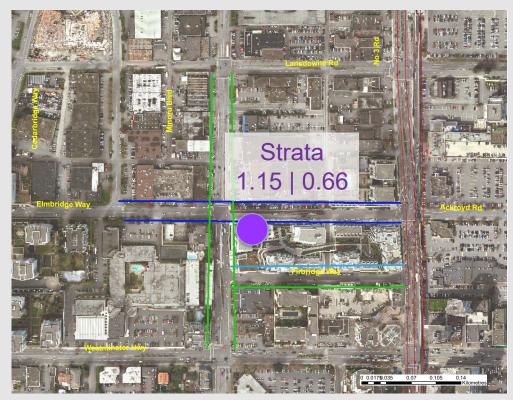
+85% Utilization in 2 or 3 surveyed time periods



C. Surveyed Outliers

Street Network #51

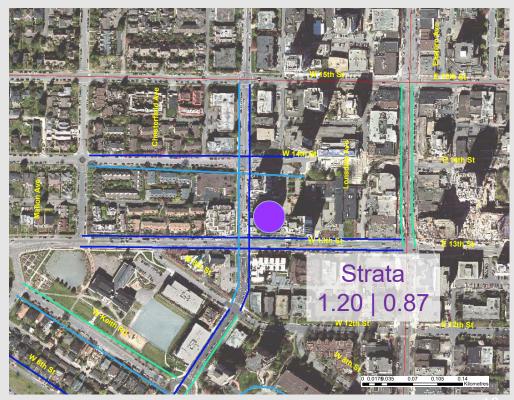
- Richmond Regional City Centre area
- High density residential, post-sec school, hotels, commercial
- Street inventory: 43
- Evenings: 100%
- Parkade: 57%



C. Surveyed Outliers

Street Network #28

- Lonsdale Regional City Centre area, North Vancouver
- Residential, city hall, hospital, commercial
- Street inventory: 150
- Evenings: 85-88%
- Parkade: 73%



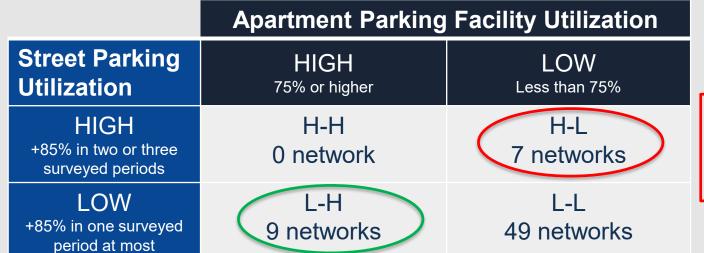
C. Street Parking v. Apartment Parking

	Apartment Parking Facility Utilization						
Street Parking Utilization	HIGH 75% or higher	LOW Less than 75%					
HIGH +85% in two or three surveyed periods							
LOW +85% in one surveyed period at most							

C. Street Parking v. Apartment Parking

	Apartment Parking Facility Utilization							
Street Parking Utilization	HIGH 75% or higher	LOW Less than 75%						
HIGH +85% in two or three surveyed periods	H-H	H-L						
LOW +85% in one surveyed period at most	L-H	L-L						

C. Street Parking v. Apartment Parking



Associated Apartment Locations: New Westminster, North Vancouver City, Port Moody, Richmond, Surrey, Vancouver

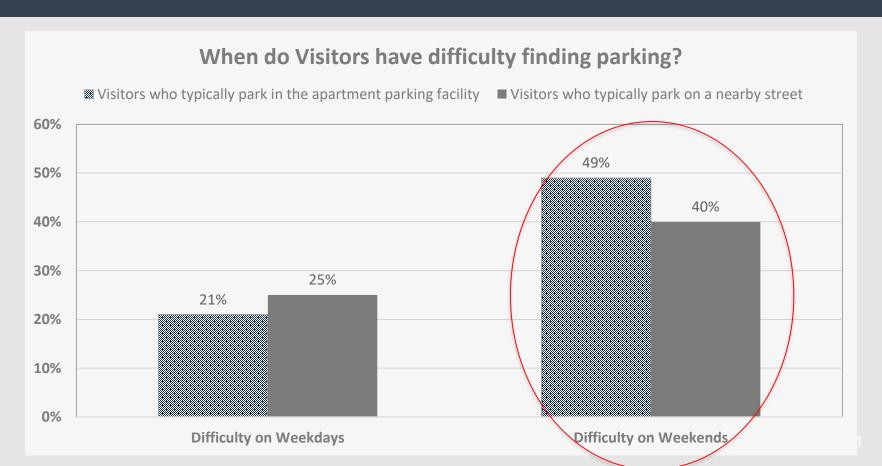
Associated Apartment Locations:

Langley Township, North Vancouver City/District, Port Coquitlam, Coquitlam, Vancouver

C. Preliminary Observations

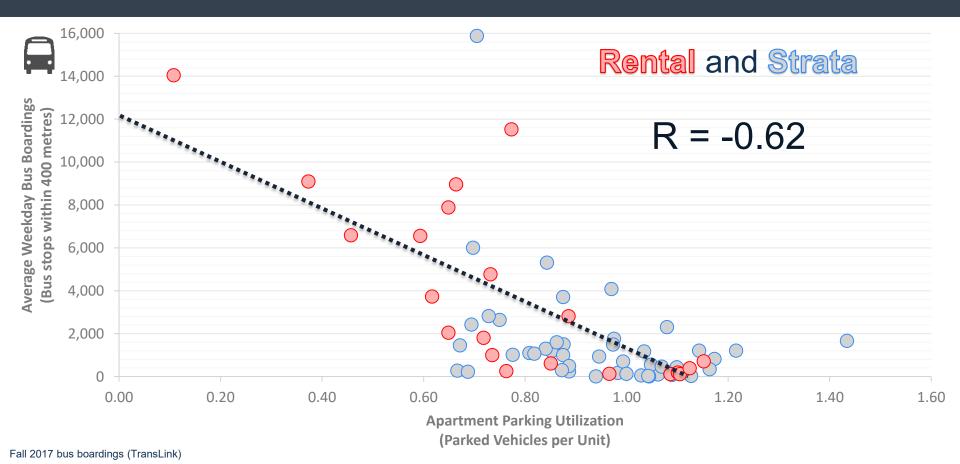
- 1. Majority of surveyed street networks experienced less than 85% parking utilization in any of the three surveyed time periods.
- 2. Street parking exceedances generally occurred in the evenings, not late night.
- 3. 7 out of the 65 surveyed street networks experienced persistently high parking utilization.
 - Located across the region
 - Non-residential trip generators appear to be one factor (also, apartment visitors)

C. Apartment Visitors (Household Survey)

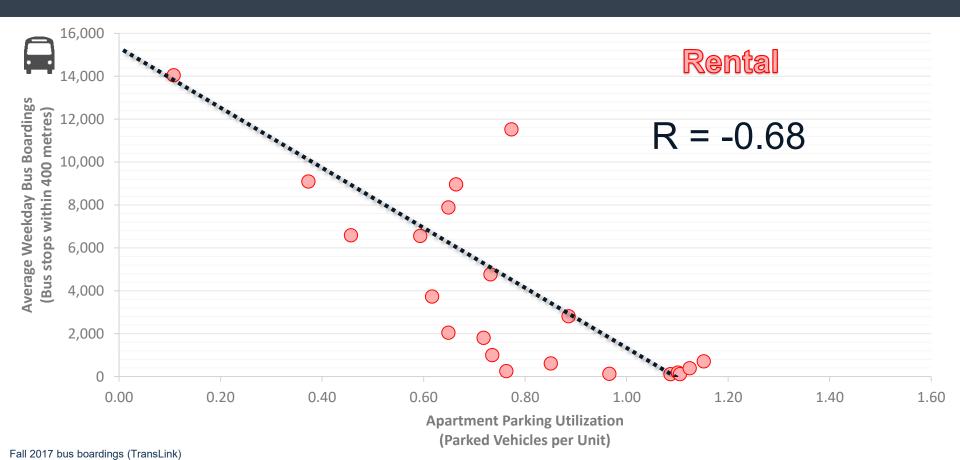




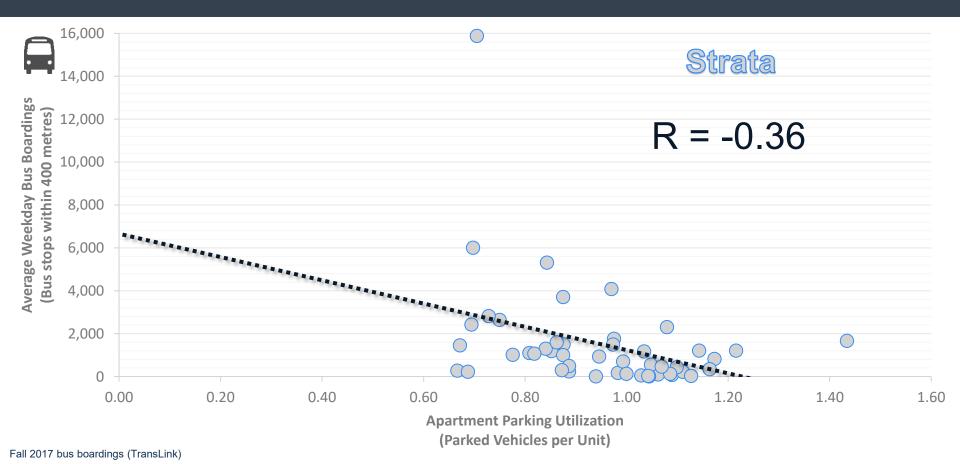
D. Apartment Parking v. Transit Usage



D. Apartment Parking v. Transit Usage



D. Apartment Parking v. Transit Usage



E. Next Steps

E. Timeline

	2017			2018			2019		
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1
Project Definition									
Data Collection									
Analysis									4
Communication									

- Complete data analysis
- Prepare key findings
- Prepare documentation

Thank you!

Apartment Sites by Subregion

Subregion	Sites	Strata	Market Rental	Mixed Tenure	Mixed Rental	Non-Market Rental
South of Fraser	19	14	4	-	1	-
Vancouver/UBC	15	2	4	7	1	1
Northeast Sector+	14	13	-	-	1	-
Burnaby/NW	10	10	-	-	-	-
North Shore	8	6	2	-	-	-
Richmond	7	5	2	-	-	-
Total	73	50	12	7	3	1

Apartment Sites by FTN Proximity

Year Built	Sites	Strata	Market Rental	Mixed Tenure	Mixed Rental	Non-Market Rental
Within 800 m of a rapid transit station	30	22	3	4	1	-
Within 400 m of a frequent bus corridor only	28	20	3	3	1	1
Away from FTN	15	8	6	-	1	-
Total	73	50	12	7	3	1

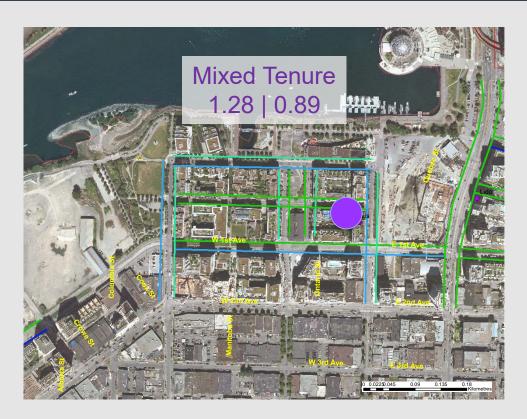
Apartment Sites by Year Built

Year Built	Sites	Strata	Market Rental	Mixed Tenure	Mixed Rental	Non-Market Rental
1976-1993	4	-	1	-	3	-
2005-2009	22	19	3	-	-	-
2010-2013	19	14	3	1	-	1
2014-2017	28	17	5	6	-	-
Total	73	50	12	7	3	1

- Queensborough, New Westminster
- Primarily residential neighbourhood, destination recreation (Port Royal Park)
- Street inventory: 194
- All periods: 90%
- Parkade: 62%



- Metro Core
- High density residential, destination outdoor recreation, entertainment, restaurants
- Street inventory: 163
- Evenings: 93%
- Parkade: 70%



- Metro Core
- High density residential, destination outdoor recreation, entertainment, Olympic Village
- Street inventory: 69
- Evenings: 90%
- Parkade: 64%



- Inlet Municipal Town
 Centre area, Port Moody
- Primarily high density residential, local serving retail, outdoor recreation
- Street inventory: 112
- All periods: 83-99%
- Parkade: 67-71%



- South Surrey
- Medium density residential
- Morgan Crossing mall
- Street inventory: 73
- Evenings: 90%
- Parkade: 68%





Advancing Land Use and Transportation Integration and the Development of Complete Communities

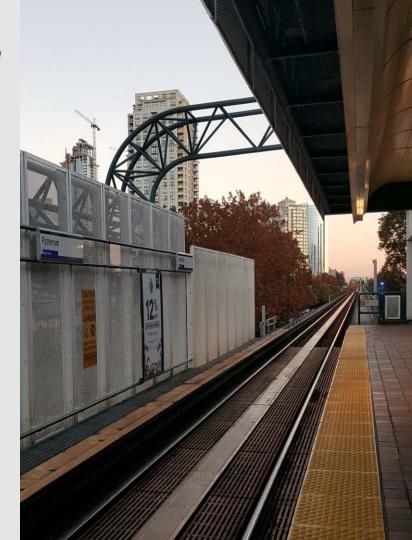
Erin Rennie

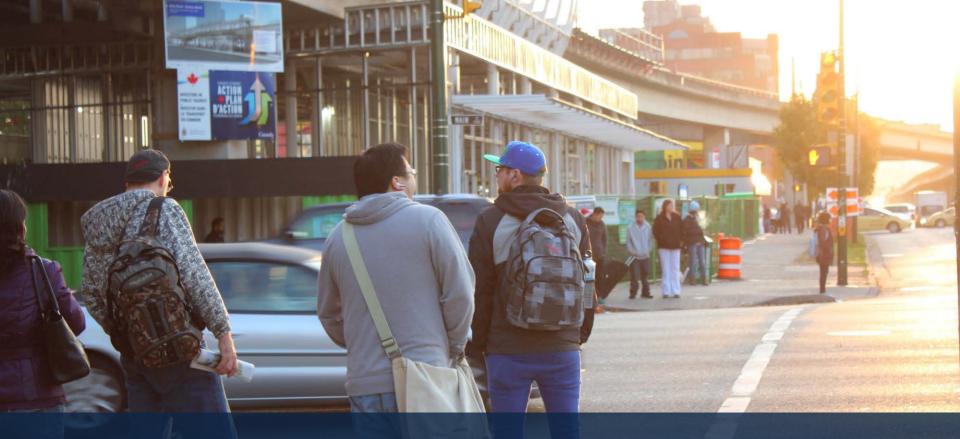
SENIOR REGIONAL PLANNER
PARKS, PLANNING, AND ENVIRONMENT
Regional Planning Committee, September 7, 2018



Recent work to integrate land use and transportation in the region:

- TransLink Supportive Policies Agreements (SPAs)
- 2) Marine-Main Frequent Transit Corridor Study
- Lougheed Corridor Land Use and Monitoring Study
- 4) Urban Centres and FTDA Dashboard





Integrative Land use and Transportation Planning supports livability, sustainability, prosperity, and certainty.

Regional Policy

- Metro 2040
- Regional Transportation
 Strategy
- Regional Affordable Housing Strategy
- Regional Goods Movement Strategy

Planning Tools

- Urban Centres
- FTDAs
- Frequent Transit Network (FTN)
- Major Trip Generators
- Regional Context Statements

Planning Guidance

- 6 Ds of Transit-Oriented Communities
- Transit
 Oriented Communities
 Design
 Guidelines
- Identifying FTDAs Implementation Guideline #4

Monitoring

- Metro 2040
 Performance
 Dashboard
- Urban Centre and FTDA Performance Dashboard

Planning Support

- Marine-Main Frequent Transit Corridor Study
- Lougheed Land Use and Monitoring Corridor Study

Partnership Agreements

- Surrey LRT
- Millenium Line Broadway Extension
- Monitoring Committees
- New B-Line Services

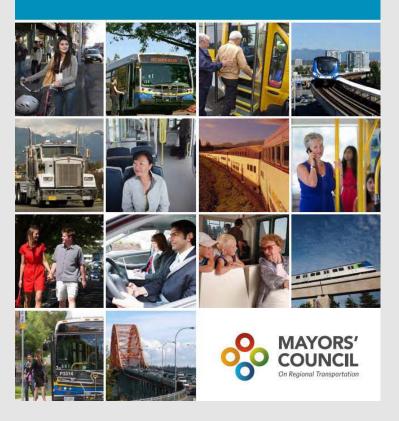
------ Long-Standing Strategies ------

---- New Strategies -----

Continuum of strategies for integrating land use and transportation planning

Regional Transportation Investments

a Vision for Metro Vancouver



TransLink Partnership Agreements

- 10-Year Vision
- TransLink and municipality are signatory (Surrey and Vancouver)
- Multiple sub-agreements including:
 - Supportive Policies Agreements (SPAs)



Marine-Main Frequent Transit Corridor Study

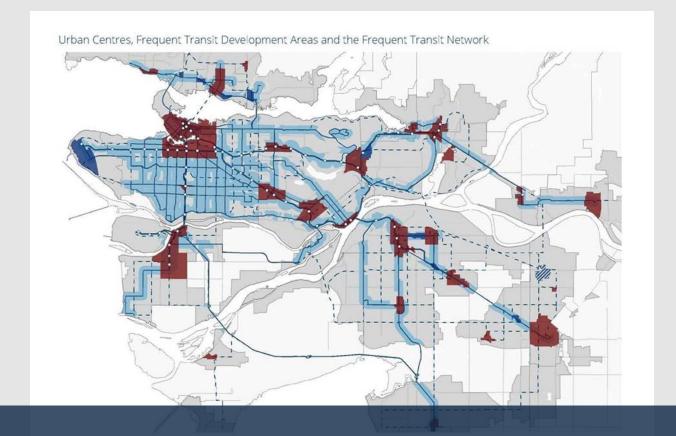


Lougheed Land Use and Monitoring Study

In Development: Urban Centre and FTDA Dashboard

- Online interactive portal
- Custom census data for each Urban Centre and FTDA geography
- Observe growth and change over time
- Designed with municipal planners in mind
- Supports data-driven decision-making and continuous improvement





Implications for Urban Centres and FTDA Review

